

WHAT TO DO IF YOUR HUSBAND REFUSES TO TALK ABOUT PROBLEMS?



1

Clarity during communication.

It comes naturally to some women that they are not clear about their problems while discussing them.

2

Avoid anger and rude behavior.

Aggressive and rude people get no assistance and in the end, they have nothing but repentance to live with.

3

Politeness and Courtesy.

Here at home, we can't put our burden on subordinates or colleagues; rather, now we will have to be a beast of burden.

4

Positive start.

By your positive start, he would understand the value of reconciliation between you and him.

5

Acknowledge your faults, too.

This kind of statement will make him shut at once and again; he will refuse to talk about problems.

6

Never assume yourself perfect.

During your discussion about problems, never try to make him confess that you are perfect.

7

Show of pure feelings.

Try to shed tears in front of him but shed only tears, have control over abusive language.

8

Be diplomatic in approach.

So, it would be better to have some questions or even a questioning tone during the conversation.

9

Give him a chance to dialogue.

It is unfair if one is overwhelmed by the other only because he is slow in communication.

10

Consider the time of discussion.

Coming back to home and listening to the same problems over and over can create a realm of rumination.

11

Consider his position.

There are people who behold the rule with awe that if you don't have good enough to say, then don't say it at all.

12

Courteous Ending.

When the riddle is solved, the mood should be fresh; even if not solved, still pause it in a pleasant way.

